



INTRA-VENOUS CONSCIOUS SEDATION

Intra-venous sedation is widely used in the dental and medical professions. It is a way of helping patients relax during procedures that cause anxiety, are unpleasant or of long duration.

IV sedation is given into a vein, usually in your right arm. The drugs that we use are Propofol and Remifentanyl. They create a feeling of relaxation, loss of anxiety, euphoria and drowsiness. Local anaesthetic is also used to ensure there is no pain.

You are not put to sleep during IV sedation as it is a 'conscious' procedure. You will be aware of the dentist working on you so it is important to not expect to be asleep. We will talk to you and check that you are comfortable during the procedure. You will normally have very little or no memory of the procedure.

(To be fully asleep you need a general anaesthetic, in a hospital setting, with an anaesthetist.)

We will be monitoring your pulse, blood pressure and blood oxygen levels, respiratory rate, CO₂ levels and frontal cortex activity throughout the procedure.

The drugs are administered with Target Controlled Infusion anaesthetic pumps. These are adjusted digitally to a suitable level using your age, sex, height and weight.

BEFORE YOUR SEDATION APPOINTMENT

Please inform us of any changes to your medication or if you may be pregnant.

You must not eat for 6 hours prior to the appointment. If you are very thirsty, you can have a very small amount (a sip) of water up to 2 hours before.

Please wear comfortable (no high heels) shoes and warm clothing that has a loose sleeve that is easily rolled up. Bring a warm jersey too, as you may become cold during the appointment.

You must arrange someone to pick you up and accompany you for the rest of the day. We have to hand you over to a responsible adult. A taxi is not acceptable, unless you have someone else accompanying you in the taxi as well.

Do not consume alcohol 24 hours before.

Please inform us if you become sick prior to your appointment or cannot breathe through your nose.

AFTER YOUR SEDATION APPOINTMENT

You may be drowsy, and may feel as if you are in better shape than you really are.

You must be looked after for the rest of the day.

You cannot drive until the next day.

You should avoid alcohol for 3 days.

Smoking delays healing.

Don't perform any important or responsible tasks or decisions, as you will be very forgetful of what you have done.

Do rest and relax. Take plenty of fluids, as you may be dehydrated and hungry.

Eating is fine if you can, but will be easier once the local anaesthetic has worn off. Be careful not to bite your lips, cheeks and tongue when they are still numb.

Do take any prescribed medication, and your usual medication if you have any.



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PATIENT CONSENT FORM

(Please tick the boxes below)

- Graham Shaw has explained the procedure I am about to have carried out under intravenous sedation to me, prior to the appointment.
- I consent to the procedure being carried out and have had the procedure explained to my satisfaction by Graham Shaw.
- I have had the opportunity to obtain additional information regarding the procedure, and any questions I have asked Graham Shaw have been answered to my full satisfaction.
- I acknowledge that I have read and fully understood the consent form. I sign it freely and voluntarily.

Patient name: _____ Date: _____

Signature: _____

Parent or guardian: _____

Dentist: _____